

I BELIEVE I CAN FLY

Look at different types of trips and say what mode of transport you would usually use in each case. Explain your choice.

- get away for the weekend
- visit a family in another city
- go on a business trip
- go on a beach holiday



Discuss the questions.

- Do you travel by plane a lot? Why/Why not?
- Is air travel a popular way to travel within your country?
- What are the advantages of travelling by plane?
- Do you think flying is a dangerous way of travelling?
- What are the reasons why people avoid travelling by plane?

Imagine you received the text below from a friend asking for advice. Think of as many tips to share with them as possible.

Hi! I have a long-haul 10-hour flight tomorrow. I'm a bit worried as it's the longest one I've ever had. Any tips how to survive it? :)

Watch a [video](https://youtu.be/vLebsrBn13g) [https://youtu.be/vLebsrBn13g] giving tips on what to do on a long flight. Compare the tips in the video with your ideas from ex. 3.



FALLING ASLEEP: How bad is it for these people to fall asleep? What would you do? Complete this table with your partner(s). Change partners often and share what you wrote.

	How Bad	What You Would Do
Pilot		
English teacher		
Security guard		
Bank clerk		
Air traffic controller		
Surgeon		

SLEEP: Rank these with your partner. Put the things that send you to sleep the quickest at the top. Change partners often and share your rankings.

- | | |
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| <ul style="list-style-type: none"> • University lectures • Reading English books • Exercise • Sitting on a train | <ul style="list-style-type: none"> • Overeating • Boredom • Screen time • Relaxing music |
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2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-----------------------|------------------|
| 1. fell asleep | a. reinstated |
| 2. crucial | b. height |
| 3. altitude | c. injured |
| 4. destination | d. shows |
| 5. hurt | e. important |
| 6. indicates | f. prime concern |
| 7. restored | g. awaiting |
| 8. pending | h. nodded off |
| 9. priority | i. constitute |
| 10. pose | j. landing place |

1. What plane were the pilots flying?
2. What was the cruising altitude of the flight?
3. What showed the plane had overshot its destination?
4. What eventually woke the pilots up?
5. Who was not hurt during the landing?
6. What did the airline say was temporarily lost?
7. What have the pilots been removed from?
8. What might happen to the pilots based on an investigation?
9. What did the airline say was its first priority?
10. What did an analyst say posed a threat to air safety?

BEING ASLEEP DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'pilot'?
3. What do you think of pilots?
4. How difficult is the job of a pilot?
5. What do you think of flying?
6. How would you feel if your pilots fell asleep?
7. How safe is flying?
8. Have you ever fallen asleep on the job?
9. What do you think of autopilot systems?
10. What advice do you have for the pilots?

Airplane pilots fall asleep instead of landing – 22nd August, 2022
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BEING ASLEEP DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'asleep'?
13. What do you think about what you read?
14. What should happen to the two pilots?
15. How can airlines make sure pilots do not fall asleep?
16. How important is sleep?
17. What do you do to keep awake when you are really tired?
18. How often are you fatigued?
19. What other threats are there to air safety?
20. What questions would you like to ask the pilots?