

5 LISTENING & SPEAKING

- a Look at the picture and the headline of the article. Why do you think the man cooks in the middle of the night?
- b (347)) Now listen to the first part of a radio programme and check your answers to a. What kind of things does he cook? Why is it a problem?
- c Read the newspaper article about Robert Wood. Can you remember any of the details about him? Try to complete the gaps with a word or words, then listen again to check.
- d You are now going to listen to the second half of the radio programme. Before you listen, work with a partner and discuss if you think the information in sentences 1–10 is **T** (true) or **F** (false).
- 1 A sleepwalker can drive a car while he is asleep.
 - 2 It is easy to know if someone is sleepwalking or not.
 - 3 About 8% of people sleepwalk from time to time.
 - 4 Sleepwalking is most common among young boys.
 - 5 Stress can cause people to sleepwalk.
 - 6 You should never wake up a sleepwalker.
 - 7 Sleepwalkers cannot hurt themselves.
 - 8 People usually sleepwalk for a short time.
 - 9 Sleepwalkers don't usually remember anything afterwards.
 - 10 Sleepwalking is no excuse if you commit a crime.
- e (348)) Listen once to check your answers. Then listen again and correct the false statements.
- f Have you ever sleepwalked or do you know anyone who sleepwalks? What do they do when they sleepwalk? Where do they go? Does anyone try to wake them up?

The chef who cooks in the middle of the night



ROBERT WOOD, from Fife in Scotland, often gets up in the middle of the night and goes downstairs to the kitchen. Not surprising, you may think. He's probably hungry and looking for something to eat. But you'd be wrong. Robert starts cooking – and he does this while he is fast asleep.

Mr Wood, who is ¹_____ years old and a retired ²_____, has been a sleepwalker for more than 40 years.

'The first time it happened I was ³_____', he said. 'My parents heard me wandering downstairs in the middle of the night. Now I get up ⁴_____ times a week and these days I usually head for the kitchen, although on other occasions I have also turned on the television very loudly and even filled ⁵_____ with water.'

His wife Eleanor says that she often wakes up in the night when she hears her husband cooking downstairs. She has seen him laying the table and caught him making ⁶_____ and spaghetti bolognese and even frying ⁷_____. The couple say that because of Mr Wood's sleepwalking they only get a few hours' sleep a night and are getting worried that Robert could start a ⁸_____ without realizing. 'I really am asleep and have no idea I am getting up,' said Mr Wood.

Mrs Wood says that although the food her husband cooks when asleep looks lovely, she has never eaten it. 'Every night, I think "Is Rob going to cook tonight?". The last time he was in the kitchen, he spilt milk all over the place.'